



David H. Hildreth MD

Having trained many of Houston's top hand surgeons, orthopedic specialist Dr. David Hildreth is now sought out for his cutting edge treatment of some of the most common as well as specialized hand, wrist and elbow injuries and conditions prevalent in our society.

Among the first in Houston to offer needle aponeurotomy in the treatment of Dupuytren's Disease, Dr. Hildreth remains in the forefront of advanced hand, wrist and elbow treatment – now also offering the XIAFLEX injection treatment to Dupuytren's sufferers.

XIAFLEX is the first FDA-approved non surgical treatment for Dupuytren's contracture – employing a mixture of proteins to break down collagen and relieve contractures. The recovery time of this outpatient injection procedure is much faster and results are encouraging to orthopedic specialists throughout the United States.

An associate professor at Weill Cornell University, Dr. Hildreth is board certified by the American Board of Orthopaedic Surgery with Certificate of Added Qualifications (CAQ) in Surgery of the Hand. He has lead research studies affecting the treatment options available for hand, wrist and elbow conditions experienced by young athletes and the elderly alike in our active society - and today offers minimally invasive arthroscopy, endoscopic carpal tunnel release, and joint resurfacing and replacement.

Dr. Hildreth and his Richmond Bone & Joint colleagues were among the first medical specialists on the ground following the devastating earthquake in Haiti. He is committed to helping improve quality of life in the Fort Bend community and in those less close to home.

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15035 SW Freeway
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Sugar Land * Richmond * Katy



- Endoscopic Carpal Tunnel Release
- Needle Aponeurotomy for Dupuytren's Contracture
(Now also Offering XIAFLEX® Injection Treatment)
- Minimally Invasive Arthroscopy
- Joint Resurfacing
- Partial and Total Joint Replacement

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DavidHildreth, MD
THE HAND, WRIST & ELBOW SPECIALIST

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